

Case Study

Real South West London

Real Jobs

Real You

South West
London
Integrated
Care System

NHS
South West London



Name:

Peter Warburton

Job Role:

**Designate Nurse for
Safeguarding Adults**

Age:

58

Location:

Kingston

How long have you been working for the NHS?

40 years.

Tell us about your background

I started my training for the role of learning disability nurse in 1984 in Croydon. I did 2.5 years and didn't like it very much. I left for a bit, and then picked it back up in 1990, finishing my training in Manchester. I then did a Psychology degree before starting mental health nurse training in 2000/2001. Since then, I've mainly worked with people who have a learning disability. I've also done adult safeguarding for the last 13 years.

Tell us about your Safeguarding role.

It covers everybody and everything. Domestic violence, older people, mental health, learning disabilities, modern day slavery, and terrorism and anti-terrorism. My job is more strategy-based and investigative, rather than seeing people. I ensure the right processes are in place to keep people safe. And if they're not in place, what needs to happen to create them or improve existing processes.

What are the positives of working in the NHS?

We have a free staff support system where you ring up if you've got any issues. We also offer other forms of support such as mental health support. There's a small group of us who are mental health first aiders and are also there for people who just want to chat. There is one lady that does meditation every week and we also do walking groups. There's actually all sorts of different wellbeing things we do. At the end of the day, just having somebody to go and talk to is a great thing.

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Just the very fact of having
somebody to go and talk to
is a great thing.”

What are the daily challenges in your job?

The main challenge is keeping up with everything – or trying to stay on top of everything. You also need to think quickly and sometimes manage disruptive people.

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Here I am happy
Here I am SW London”

Would you encourage others to apply for work within the NHS?

First, it's important to say that my first nursing qualification is the one that has carried me through the last 40 years. I've done lots of different jobs and I've lived away. But I always come back. I've always been able to get agency work. It's why I advise friends when they are looking for work to consider getting some experience on the wards or nursing. It's always good and good staff are always needed. There are so many different things that people can do too: From pharmacy, nursing OT and physio to speech and language therapy as well as the many support roles available.

What are you doing in your role at the moment?

I'm the lead on the Learning Disability Mortality Review where we review the deaths of people with a learning disability. I'm trying to organise a director of nursing group to look at these reviews and see if they can help make positive changes in service. It's all about making the lives of people with learning disabilities better.

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The Learning disability nursing, has always, carried me through.”

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